View this email in your browser



2024 LEGACY REGISTRATION REMINDERS

Legacy registration is currently <u>open</u>! As our Legacy Members you have access to register at guaranteed low pricing!

 As a Legacy runner, you will have until Nov. 1, 2023*, to register for the Chevron Houston Marathon or the Aramco Houston Half Marathon and keep your legacy status.

Please be advised that after Nov. 1, 2023, you will no longer receive your guaranteed discounted registration. After Nov. 1 if general registration is still open, you may register for 2024 at the regular participant rate, or through the Charity Program provided entries are still available

Subscribe Past Issues

Translate ▼



On Sunday, January 20, 2002, I completed the 30th anniversary of the Houston Marathon, sponsored by Compaq Corporation. The entire course was lined with American flags and as I came down the stretch someone handed me a small flag that I caried across the finish line. I am not sure I have ever experienced a more patriotic day in my life!

Over the years, I developed incredible friendships with running pals, some of which I have known for over 20 years now. Each of them has inspired me in their own way through their unique journeys. And I think this is the real root of the emotion for me. Despite so much adversity and the physical and mental demands of training for a marathon they have somehow managed to get it done. And in turn, I have gotten past my own adversity.

I don't know that I have truly articulated why I get so emotional, but I am done trying to hide it. In fact, what I am most proud of is that I have found something so powerful and so purposeful in my life that it brings out this incredible

feeling like no other. I'm not going to say, "one last time" but rather "one *more* time". Let's do this!!

This is just a small portion of Tony's story. If you are interested in reading all of his legacy story please click the link below to read it today!

CLICK HERE TO READ THE REST OF TONY'S STORY!

HOUSTON METHODIST HELPS YOU RUN LIKE A PRO IN THIS HTX HEAT!

Read about what sunscreen to wear when sweating in this heat and more!



8 WAYS TO PREVENT HEAT EXHAUSTION

WIN BIG WHEN YOU INVITE OTHERS TO JOIN HOU!

You could win VIP lounge passes, Garmin products, Brooks shoes and more.



REFER TO WIN

Subscribe

Past Issues

Translate ▼

We know each of our Legacy runners has a unique story on how each of you came to join the Houston Legacy Program. If you would like to share your story, we would love to share it with our dedicated runners for inspiration and motivation. Please email Dominique dhernandez@houstonmarathon.com to share your Legacy story!



Follow us on social media to stay connected with the Houston Marathon!









Subscribe Past Issues Translate ▼ RSS

Our mailing address is:

Houston Marathon Committee, Inc.
720 N Post Oak Rd Ste 200
Houston, TX 77024-3833
Add us to your address book
Want to change how you receive these emails?

You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.

This email was sent to << Email Address>>

why did I get this? unsubscribe from this list update subscription preferences

Houston Marathon Committee, Inc. \cdot 720 N Post Oak Rd \cdot Suite 200 \cdot Houston, Tx 77024 \cdot USA