

LEGACY *Newsletter*



2023 LEGACY REMINDERS

You are our legacy! And that means your dedication and loyalty have earned you a few extra perks. Here are a few things to note:

- Legacy registration is currently open! As a Legacy runner, you will have until Nov. 1, 2022*, to register for the Chevron Houston Marathon or the Aramco Houston Half Marathon and keep your legacy status
- This summer we will be running in the HOU Community, promoting our event and interacting with our charities
 - July 14 @ Eureka Heights Brew Company (941 W 18th St, Houston, TX 77008) 5:30 PM - 7:30 PM
 - August 29 @ No Label Brewing Co. (5351 1st St, Katy, TX 77493) 5:30 PM - 7:30 PM

**Please be advised that after Nov. 1, 2022, you will no longer receive your guaranteed discounted registration. After Nov. 1, if general registration is still open, you may register for 2023 at the regular participant rate, or through the [Chevron Houston Marathon Run for a Reason charity program](#) provided entries are still available.*

LEGACY SPOTLIGHT

"Me run! Are you crazy!" I said this after my younger sister finished her 1st marathon and tried to persuade me to join her. Then, my daughter left for college in 2008...1,800 miles away and I was lost. I decided to try running to get my mind off her absence. I think subconsciously I wanted to run to her not wanting to admit that she was grown and leaving my nest. I now understand why Forrest Gump started running. Run Forrest Run!

2008 was a long time ago and I'm an addict.....to running. It is my way to clear my head, relieve stress, and spend fun weekends with my sisters. Yes, I have three of them and now we all run. Even though we live in different parts of Texas and one even in Washington state, we live for our weekends away from it all and yes....running. Recently we traveled to Estes Park, Colorado and ran the Rocky Mountain Half Marathon. We cursed the hills, weathered the rain, and enjoyed the reward of beers, margaritas, and Mexican food after our finish. Sometimes the latter is the only thing that gets me through a difficult race; that and the medal. With the Chevron Houston Marathon and the Aramco Houston Half Marathon just around the corner, we are already planning where to go after our finish to partake in brews and food. We have got our priorities in order!

Not only is running addictive for my sisters and me, it is also contagious. Since we took up running years ago, our children have joined in. Currently two nephews, one niece, and my daughter run marathons and half marathons. My niece has even ran four Boston Marathons. I haven't been lucky enough to qualify (after all my goal is just to finish), I was there to support her. Running has become a family affair and I love it! Also, the running community of Houston is awesome! I run with a group of wonderful women on Saturdays for our long mileage runs. We have been running together for thirteen years and have become more than just running family. This is another reason I run. We celebrate each other's running milestones, as well as birthdays, weddings and anything else we feel like celebrating. We celebrate after each run on Saturday with breakfast. I love the camaraderie and knowing that I can eat French toast or pancakes and bacon without feeling guilty since I have burned many calories running.

The Aramco Houston Half Marathon this past January was my 74th half marathon and my 11th Aramco Houston Half Marathon; my first as a legacy runner.

Karla Klyng



WHAT IS YOUR LEGACY?

We know every runner has a story. And we're confident our Legacy Runners have some of the best! We're looking to share your story with our dedicated runners for inspiration and motivation. So share with us why you choose to run each year and keep your Legacy streak alive by emailing dhernandez@houstonmarathon.com - you may even be featured in our ABC 13 broadcast!



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